

**Suggested Interview Questions for Jana Riess**  
**author of *Flunking Sainthood***

Did you expect DIY holiness to be so difficult?

Which spiritual disciplines did you find the most challenging?

Most of your book is lighthearted and funny, and sometimes sarcastic. Why is humor an important part of the spiritual life?

Which practice appealed to you the most?

What can we learn from failure on the spiritual path?

What did you discover about yourself during this experiment?

What are some of the “unexpected epiphanies and wild glimpses of the holy” you experienced, even while falling short of most of the goals you set for the year?

Why do you still claim the “S-word” for yourself?

Have you permanently adopted any of the spiritual practices from the book? Or, would you give any of them another go?

What is your advice for other aspiring saints?

For an interview with Jana Riess, please contact Kelly Hughes  
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