

Suggested Interview Questions for David King and Margot Starbuck,
authors of
Overplayed: A Parent's Guide to Sanity in the World of Youth Sports
Herald Press, \$15.99 paperback, April 5, 2016

1. What's the harm in participating in youth sports?
2. Why do good parents need to stay away from their children's games?
3. What's the most essential question a parent should ask before deciding on sports participation?
4. How can Christian parents balance their children's activities with the family's faith life?
5. Do parents have an obligation to help their kids get a leg up on other kids?
6. One of the myths you debunk is that parents can't say no to sports because they owe their children every opportunity. Why do you dispute that?
7. Why should children not specialize in one sport?
8. What are the chances that investing in youth sports will pay off in a college scholarship?
9. What would a truly kid-friendly league look like?
10. What kind of values might sports instill in a child that parents may find questionable?
11. What are ways that parents ruin their children's sports experiences?
12. What are some questions to discuss with your kids on the way home from games?

For an interview with David King and Margot Starbuck, please contact Kelly Hughes,
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